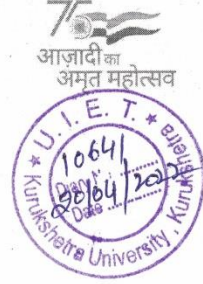




UNIVERSITY INSTITUTE OF ENGINEERING & TECHNOLOGY (U.I.E.T)
(A Constituent Autonomous Institute and Recognized by UGC under Section 12 (B) and 2 (f)); AICTE Approved)
Kurukshetra University, Kurukshetra (K.U.K)-136119, Haryana, INDIA
(Established by the state Legislature Act XII of 1956; "A+" Grade, NAAC Accredited)
Phone: +91-1744-239155, Fax: +91-1744-238967, Web: <http://www.uietkuk.ac.in>



NOTICE

Subject: - Quiz and Poster Making competition on Yoga on 4th & 5th May, 2022 for International Yoga Day celebrations.

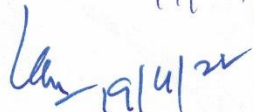
International Yoga Day (IDY) is celebrated every year on 21st June. This year the IDY will be focused on India Branding. As the countdown to IDY-2022 has already begun, UIET is going to organize the following activities for INTERNATIONAL YOGA DAY celebrations on 4th & 5th May 2022.

Name of Activity	Date	Links	Teacher Coordinator
Quiz	4/5/2022	https://docs.google.com/forms/d/e/1FAIpQLScSavkdIECM1sTcbfKIA9Xb4buPg2sJ8IYE_jugl7bK76QDOA/viewform?usp=sf_link	Ms.Ekta
Poster Making	5/5/2022	https://docs.google.com/forms/d/e/1FAIpQLSfEcO5kzgxRN_MM0bRn-7p_nEFCEQ6GR_LuWJt2fykEcRGJw/viewform?usp=sf_link	Ms. Shefali Dhingra

Interested students may fill the google form on the link provided upto 26th April, 2022.

The topics of poster making should be related to any one yoga asans of your choice such as pose of Suryanamskar, Sukhasana, Naukasana, Dhanurasana, Vakrasana, Kakasana, Bhujangasana, Halasana & their benefits. Further detailed instructions will be communicated.


Convener, Sports Committee


Director, UIET

Links for registration are provided on next page.

Name of Activity	Date	Links	Teacher Coordinator
Quiz (Written)	4/5/2022	https://docs.google.com/forms/d/e/1FAIpQLScSavkdIECM1sTcbfKIA9Xb4buPg2sJ8IYE_jugl7bK76QDOA/viewform?usp=sf_link	Ms. Ekta
Poster Making	5/5/2022	https://docs.google.com/forms/d/e/1FAIpQLSfEcO5kzgxRN_MM0bRn-7p_nEFCEQ6GR_LuWJt2fykEcRGJw/viewform?usp=sf_link	Ms. Shefali Dhingra